

## **AMENDMENTS TO THE CLAIMS**

The following listing of claims will replace all prior versions and listings of claims in the application.

### **LISTING OF CLAIMS**

1. (cancelled)
2. (cancelled)
3. (cancelled)
4. (cancelled)
5. (cancelled)
6. (currently amended) A sport specific training and conditioning device for a sport using a handheld implement having a grip portion, the device comprising a handle shaped like the grip portion of the implement, the handle having first and second ends, and a weight on the second end of the handle, the center of mass of the device being less than about 13 inches from the first end of the handle, and [The sport specific training and conditioning device according to claim 2] wherein the device weighs more than the hand held implement used in the sport.
7. (cancelled)
8. (cancelled)
9. (cancelled)
10. (cancelled)
11. (cancelled)
12. (cancelled)
13. (cancelled)

14. (cancelled)
15. (cancelled)
16. (cancelled)
17. (cancelled)